D5BPS2304 **Reg. No.....**

Name: .....

FIFTH SEMESTER B.Sc. DEGREE EXAMINATION, NOVEMBER 2025
(Regular/Improvement/Supplementary)
PSYCHOLOGY
GPSY5B09T: PSYCHOLOGICAL COUNSELLING

Time: 2 Hours **Maximum Marks: 60**

SECTION A: Answer the following questions. Each carries *two* marks.
(Ceiling 20 marks)

Write short notes on:

1. Role play in counselling.
2. HIV/AIDS counselling.
3. Advice and information giving techniques.
4. Advanced empathy.
5. Counseling and its goals.
6. Differences between counselling and psychotherapy.
7. Scope of counselling.
8. Empathy.
9. Importance of open ended questions in counselling.
10. Group counselling.
11. Termination skills.
12. Career counselling.

SECTION B: Answer the following questions. Each carries *five* marks.
(Ceiling 30 marks)

13. Explain the characteristics of counselor and counselee.
14. What are the legal aspects of counselling when a counselor dealing with terminally ill patients?
15. Write an account on behavioristic principles in counselling.
16. Explain the opening techniques in counselling.
17. Describe the core counselling skills.
18. Discuss various ethical principles in counselling.
19. Highlight the importance of premarital counselling.

SECTION C: Answer any *one* question. Each carries *ten* marks.

20. Describe the Egan's model of helping.
21. Explain and compare various approaches in counselling.

(1 × 10 = 10 Marks)