

D5BPS2105

Reg.No.....

Name:

FIFTH SEMESTER B.Sc. DEGREE EXAMINATION, NOVEMBER 2023

(Regular/Improvement/Supplementary)

PSYCHOLOGY

GPSY5B10T: HEALTH PSYCHOLOGY

Time: 2 Hours

Maximum Marks: 60

SECTION A: Answer the following questions. Each carries *two* marks.

(Ceiling 20 Marks)

Write short notes on:

1. Behavioural assignments.
2. Biomedical model.
3. Definition of health by World Health Organization.
4. Maladaptive coping strategies.
5. Discriminative stimulus.
6. Major components of attribution theory.
7. SAM & HPA pathways to stress.
8. Burn out.
9. GAS.
10. Psychosomatic medicine.
11. Thanatologist.
12. Stimulus control interventions.

SECTION B: Answer the following questions. Each carries *five* marks.

(Ceiling 30 Marks)

Write notes on:

13. Clinical implications of the biopsychosocial model.
14. Quality of life in chronic illness.
15. Trans-theoretical model in alcoholism.
16. Levels of prevention model.
17. Role of social support in coping.
18. Stages of adjustment to dying.
19. Role of primary and secondary appraisals in stress.

SECTION C: Answer any *one* question. Each carries *ten* marks.

20. Define mind-body relationship. Elucidate the historical development of health psychology.
21. Elaborate the duties and responsibilities of medical staff for a terminally ill patient.

(1 x 10 = 10 Marks)