

D5BPS2104

Reg.No.....

Name:

FIFTH SEMESTER B.Sc. DEGREE EXAMINATION, NOVEMBER 2023

(Regular/Improvement/Supplementary)

PSYCHOLOGY

GPSY5B09T: PSYCHOLOGICAL COUNSELLING

Time: Two Hours

Maximum Marks: 60

SECTION A: All questions can be answered. Each carries *two* marks.

(Ceiling 20 Marks)

Write short notes on:

1. AIDS.
2. Paraphrasing.
3. Poor listening.
4. SOLER.
5. Counseling.
6. Unconditional positive regard.
7. Silence.
8. Role playing.
9. Cognitive triad.
10. Professional code.
11. Cognitive distortion.
12. Physical arrangement.

SECTION B: All questions can be answered. Each carries *five* marks.

(Ceiling 30 Marks)

13. Explain Egan's model.
14. Describe Acceptance techniques.
15. Enlist the characteristics of an effective counselor.
16. How is counselling different from helping.
17. Explain about counselling for terminally ill.
18. Explain opening technique.
19. Describe the scope of counselling.

SECTION C: Answer any *one* question. Each carries *ten* marks.

20. Discuss the core conditions of Person Centered Counselling.
21. Explain ethical issues in counselling.

(1 × 10 = 10 Marks)