

FIFTH SEMESTER B.Sc. DEGREE EXAMINATION, NOVEMBER 2022**(Regular/Improvement/Supplementary)****PSYCHOLOGY****GPSY5B10T: HEALTH PSYCHOLOGY****Time: 2 Hours****Maximum Marks: 60****SECTION A: All questions can be answered. Each carries 2 marks.****(Ceiling 20 Marks)**

1. Health behavior
2. Biomedical model
3. Tend befriend
4. Coping
5. Terminal illness
6. GAS
7. Family therapy
8. Mind body relationship
9. Flight or fight response
10. Health behavior model
11. Emotional response to chronic illness
12. Prevention

SECTION B: All questions can be answered. Each carries 5 marks.**(Ceiling 30 Marks)**

13. Explain theory of planned behavior.
14. Discuss biopsychosocial model.
15. Explain the moderators of coping with stress.
16. What are the issues of non- traditional treatment?
17. Explain the stages of adjustment to dying?
18. Elaborate various life stressors and stress management programs.
19. Describe Trans theoretical model.

SECTION C: Answer any 1 question. Each carries 10 Marks.

20. Give an account of cognitive behavioral approach to health behavior change.
21. Define health psychology along with need and significance of health psychology.

(1 × 10 = 10 Marks)