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FIFTH SEMESTER B.Sc. DEGREE EXAMINATION, NOVEMBER 2022

(Regular/Improvement/Supplementary)

PSYCHOLOGY

GPSY5B09T: PSYCHOLOGICAL COUNSELLING

Time: 2 Hours

Maximum Marks: 60

SECTION A: Answer the following questions. Each carries 2 marks. (Ceiling 20 Marks)

- 1. Counselee.
- 2. Preferred picture.
- 3. Geriatric counseling.
- 4. Shame attacking exercise.
- 5. Free association.
- 6. Focusing.
- 7. Paraphrasing.
- 8. Reassurance.
- 9. Physical arrangement.
- 10. Career counseling.
- 11. Fidelity.
- 12. Abandonment.

SECTION B: Answer the following questions. Each carries 5 marks. (Ceiling 30 Marks)

- 13. A client is pondering about the possibilities to make a better future. Explain stage in which the client is.
- 14. Elucidate the behavioural techniques based on Classical conditioning.
- 15. What is the psychoanalytic view of human nature?
- 16. Illustrate the ways through which a counsellor can successfully establish rapport.
- 17. Elaborate the characteristics of an effective counselor.
- 18. What are the advantages and disadvantages of group counselling?
- 19. Where does professional code stand on dual relationship with a client?

SECTION C: Answer any 1 question. Each carries 10 marks.

- 20. Elucidate the applications of counseling in various settings.
- 21. Detail the techniques used by a counsellor during intervention stage.

 $(1 \times 10 = 10 \text{ Marks})$