

D4ASW2303

(2 Pages)

Name.....

Reg.No.....

FOURTH SEMESTER M. S. W. DEGREE EXAMINATION, APRIL 2025
(Regular/Improvement/Supplementary)

SOCIAL WORK
FSOW4E05 - THERAPEUTIC APPROACHES IN MEDICAL AND PSYCHIATRIC
SETTINGS

Time: 3 Hours

Maximum Weightage: 30

Part A: Answer any *four* questions. Each carries *two* weightage.

1. What is Emil Kraepelin's contribution to therapy?
2. Define psychotherapy and state its objectives.
3. What is 'acquisition' in classical conditioning?
4. Elaborate on life scripts.
5. What is a blended family?
6. Who proposed the stages of family life cycle?
7. What is grounding in the context of mindfulness?

(4 × 2 = 8 weightage)

Part B: Answer any *four* questions. Each carries *three* weightage.

8. Psychoanalysis involves processes such as recollection, repetition and working through. Explain.
9. Negative reinforcement also strengthens behavior. Substantiate with an example.
10. Analyze how ABC model in CBT leads to thought restructuring.
11. Discuss the principles and application of interpersonal therapy.
12. The most crucial element in client-centered therapy is the relationship between therapist and client. Discuss the elements of this relationship and how a therapist can demonstrate these in practice.
13. An important aspect of neuro-linguistic programming is modeling or recreating excellence. Analyze how this happens.
14. Demonstrate the application of the five types of question in solution-focused therapy.

(4 × 3 = 12 weightage)

(P.T.O.)

Part C: Answer any two questions. Each carries *five* weightage.

15. Maria is suffering from chronic procrastination. Carefully consider which therapy is best suitable to this situation, describing the therapeutic techniques that can be applied.
16. In developing Logo therapy, Victor Frankl argued that life can have meaning even in the most miserable of circumstances. Applying the principles and techniques of Logo Therapy, evaluate your purpose in life.
17. Arnav and Sita come to a family therapist to deal with Arnav's anger issues. Discuss the application of the techniques of systemic family therapy in the context of anger management.
18. Evaluate the potential of 'Asthtanga Yoga' in enhancing individual well-being.

(2 × 5 = 10 weightage)