

D4APS2303

(2 Pages)

Name.....

Reg.No.....

FOURTH SEMESTER M.Sc. DEGREE EXAMINATION, APRIL 2025
(Regular/Improvement/Supplementary)

PSYCHOLOGY
FPSY4E07: PSYCHOTHERAPEUTICS-II

Time: 3 Hours

Maximum Weightage: 30

Part A: Answer *any four* questions. Each carries *two* weightage.

Write short notes on:

1. Higher Order Conditioning.
2. Importance of self-control techniques in CBT.
3. Token Economy with Example.
4. Stimulus satiation.
5. Flooding.
6. Implosive Therapy.
7. Schedules of Reinforcement.

(4 × 2 = 8 weightage)

Part B: Answer *any four* questions. Each carries *three* weightage

8. How does biofeedback help individuals gain control over involuntary physiological processes?
9. Examine the key principles of classical conditioning, and how do they apply to behavior modification.
10. What are the practical uses of modeling in shaping and guiding behavior?
11. Briefly explain the method of systematic desensitization.
12. Illustrate radical and Neo-behavioristic perspective.
13. Evaluate current trends in behavior therapy.
14. How does cognitive therapy address negative symptoms of psychosis, such as lack of motivation or social withdrawal?

(4 × 3 = 12 weightage)

(P.T.O.)

Part C: Answer any *two* questions. Each carries *five* weightage.

15. Discuss the process, techniques and applications of Rational Emotive Therapy.
16. Give an account behind relaxation – based techniques.
17. Explain Ethics and Professional issues in behaviour modification.
18. Elucidate the significance of stress inoculation therapy.

(2 × 5 = 10 weightage)