

FOURTH SEMESTER M.Sc. DEGREE EXAMINATION, APRIL 2025**(Regular/Improvement/Supplementary)****PSYCHOLOGY****FPSY4E05: PSYCHOTHERAPEUTICS-I****Time: 3 Hours****Maximum Weightage: 30****Part A: Answer any *four* questions. Each carries *two* weightage.***Write short notes on:*

1. Phenomenological framework.
2. The use of dreams in Gestalt therapy.
3. Therapeutic alliance.
4. Life Scripts.
5. Paradoxical Intention.
6. Frequency and length of group therapy sessions.
7. Crossed Transactions.

(4 × 2 = 8 weightage)**Part B: Answer any *four* questions. Each carries *three* weightage.**

8. What are the patient requisites for dynamic therapy?
9. Describe the major characteristics of terminal phase of psychotherapy.
10. Discuss the major assumptions of logotherapy.
11. Elaborate on the emotive techniques used in rational emotive therapy.
12. Identify the contraindications of family therapy, including situations where it may be ineffective or potentially harmful.
13. Explore the various applied areas of psychodrama, explaining how this therapeutic technique is used in different settings.
14. Discuss the conditions in which clients-centered therapy works best.

(4 × 3 = 12 weightage)**Part C: Answer any *two* questions. Each carries *five* weightage.**

15. Provide a comprehensive comparison between group therapy and individual therapy, highlighting their similarities and differences. Discuss the benefits and limitations of each approach in addressing psychological issues.
16. Analyze the general factors and specific factors that contribute to positive change in therapy. Provide examples to illustrate their impact on the therapeutic process.
17. Provide a detailed explanation of the humanistic approach to psychotherapy, including its core principles, key figures and major therapeutic techniques.
18. Describe the major processes involved in psychoanalytic psychotherapy. Explain how these processes contribute to insight, emotional healing, and personality change within a psychoanalytic framework.

(2 × 5 = 10 weightage)