

FOURTH SEMESTER M.Sc. DEGREE EXAMINATION, APRIL 2024**(Regular/Improvement/Supplementary)****PSYCHOLOGY****FPSY4E05: PSYCHOTHERAPEUTICS-I****Time: 3 Hours****Maximum Weightage: 30****Part A: Answer any *four* questions. Each carries *two* weightage.***Write short notes on:*

1. Rules and games in Gestalt approach.
2. Neurosis in Psychoanalysis.
3. Role of protagonist in psycho drama.
4. Interpersonal therapy.
5. The therapeutic contract.
6. Role of therapist in client centered approach.
7. Family life cycle.

(4 × 2 = 8 weightage)**Part B: Answer any *four* questions. Each carries *three* weightage.**

8. How does Gestalt therapy utilize dreams as an intervention tool?
9. What are the indications and contraindications for family therapy?
10. How would you make use of transference and resistance while engaging in a psychoanalytic therapy session?
11. Discuss the basic tenets of Logotherapy.
12. Explain how operant conditioning principles are applied in behavior therapy.
13. How does rational emotive therapy facilitate identification of irrational believes?
14. Write a note on the current status of Psychoanalytic therapy.

(4 × 3 = 12 weightage)**Part C: Answer any *two* questions. Each carries *five* weightage.**

15. Illustrate the course of psychotherapy with a hypothetical case having the diagnosis of mild depression.
16. Behavioristic therapy has numerous applications. However, it is not free from limitations. Justify the given statement by critically evaluating behavior therapy as an intervention approach.
17. Elaborate the process of group therapy. Mention the scenarios in which group therapy is preferred over individual therapy.
18. Can Psychoanalytic therapy be considered evidence based? Justify your answer based on its current status.

(2 × 5 = 10 weightage)