FOURTH SEMESTER M. S. W. DEGREE EXAMINATION, APRIL 2024 (Regular/Improvement/Supplementary)

SOCIAL WORK FSOW4E05 - THERAPEUTIC APPROACHES IN MEDICAL AND PSYCHIATRIC SETTINGS

Time: 3 Hours

Maximum Weightage: 30

Part A: Answer any four questions. Each carries two weightage.

- 1. Give a detailed description on the Psychodynamic therapy.
- 2. What you mean by systematic desensitization?
- 3. Discuss the steps involved in structural family therapy.
- 4. Describe the process of systemic family therapy.
- 5. Substantiate the strategies and techniques in family therapy.
- 6. Elaborate on the concept and significance of Play therapy.
- 7. Explain Gestalt therapy.

 $(4 \times 2 = 8 \text{ weightage})$

Part B: Answer any *four* questions. Each carries *three* weightage.

- 8. Define and explain the concept and types of Behavior therapy.
- 9. Review the scope of exposure and response prevention therapy in psychiatric settings.
- 10. What is brief psychotherapy? Explain the application with examples in social work.
- 11. Give a detailed account on the philosophy and practice of Humanistic philosophy and Therapy.
- 12. Write a note on family assessment.
- 13. Explain solution focused therapy with appropriate illustrations in managing psychiatric issues.
- 14. Give a critical review on the therapeutic significance of yoga and meditation.

$(4 \times 3 = 12 \text{ weightage})$

(P.T.O.)

Part C: Answer any two questions. Each carries five weightage.

- 15. Define and explain the Re-constructive and Re-educative therapies in the context of psychiatric social work practice.
- 16. Critically review the concepts and process of Beck's Cognitive therapy in managing psychiatric problems.
- 17. "Person- Centered therapy is an effective strategy in treating psychiatric problems." Give your critical comments with field substantiations.
- 18. Explain the concept of therapeutic community and substantiate its space in the psychiatric management.

 $(2 \times 5 = 10 \text{ weightage})$