

D4APS2003

(2 Pages)

Name.....

Reg.No.....

FOURTH SEMESTER M.Sc. DEGREE EXAMINATION, APRIL 2022

PSYCHOLOGY

FPSY4E07: PSYCHOTHERAPEUTICS-II

Time: 3 Hours

Maximum Weightage: 30

**Part A: Answer *any four* questions. Each carries *two* weightage.**

*Write short notes on:*

1. Systematic Desensitization
2. Graded Exposure
3. Shaping
4. Biofeedback
5. Guided discovery
6. Implosion
7. Self-control techniques

(4×2 = 8 weightage)

**Part B: Answer *any four* questions. Each carries *three* weightage.**

8. Discuss A-B-C model of Rational Emotive Behavior Therapy.
9. Explain the techniques and applications of aversive therapy.
10. Discuss the procedure and use of social skill training.
11. Critically examine the use of CBT in the management of Psychosis.
12. Write a short essay on current trends in behavioral interventions.
13. Discuss stress inoculation therapy.
14. Explain any three techniques of operant conditioning.

(4×3 = 12 weightage)

(P.T.O.)

**Part C: Answer *any two* questions. Each carries *five* weightage.**

15. How does operant conditioning procedure function as a technique of behaviour modification? Discuss with suitable examples.
16. Describe any two Relaxation Techniques and its applications.
17. Describe the techniques you would adopt to treat clients who suffer from anxiety problems.
18. Briefly explain the ethical and professional issues in Behavior Modification.

**(2×5 = 10 weightage)**