

D4APS2002

(2 Pages)

Name.....

Reg.No.....

**FOURTH SEMESTER M.Sc. DEGREE EXAMINATION, APRIL 2022**

**PSYCHOLOGY  
FPSY4E05: PSYCHOTHERAPEUTICS-I**

**Time: 3 Hours**

**Maximum Weightage: 30**

**Part A: Answer any *four* questions. Each carries *two* weightage.**

*Write short notes on:*

1. Family life cycle.
2. Top dog- under dog.
3. Concept of 'index patient' in family therapy.
4. Dream analysis in Gestalt therapy.
5. Nature of client centered therapy.
6. Utilization of resistance.
7. Paradoxical intention and dereflection.

**(4×2 = 8 weightage)**

**Part B: Answer any *four* questions. Each carries *three* weightage.**

*Write short essays on:*

8. Indications and contraindications for group therapy.
9. Encounter groups.
10. Process of psychodrama.
11. Specific therapeutic goals in Gestalt therapy.
12. Issues on the research in psychotherapy.
13. Therapist's position in client centered therapy.
14. Characteristics of terminal phase of psychotherapy.

**(4×3 = 12 weightage)**

**(P.T.O.)**

**Part C: Answer any *two* questions. Each carries *five* weightage.**

15. Elaborate on the process on family therapy. Discuss in what all ways it is different from individual psychotherapy.
16. Compare and contrast the different therapeutic perspectives. What characteristics of a client/ disorder would make you choose a particular perspective?
17. Discuss the goals and process of psychoanalytical psychotherapy using a hypothetical case presentation. Critically evaluate the efficacy of psychoanalytical therapy in comparison with other forms of psychotherapies.
18. Illustrate various cognitive, emotive and behavioral techniques used in REBT.

**(2×5 = 10 weightage)**