

SECOND SEMESTER M.S.W. DEGREE EXAMINATION, APRIL 2025
(Regular/Improvement/Supplementary)

SOCIAL WORK
FSOW2C10: THEORY AND PRACTICE OF COUNSELLING

Time: 3 Hours**Maximum Weightage: 30****Part A: Answer any *four* questions. Each carries 2 weightage.**

1. What is group counselling?
2. Write a short note on contracting stage of counselling.
3. What is empathetic responding?
4. Write a brief note on strength based approach.
5. Elaborate on the importance of paraphrasing in counselling.
6. Explain briefly, how can a healthy client-therapist relationship be built.
7. What is individual counselling?

(4 × 2 = 8 weightage)

Part B: Answer any *four* questions. Each carries 3 weightage.

8. Discuss the eclectic approach in counselling.
9. Write a note on the difference between guidance, counselling, social case work and Psychotherapy.
10. Explain transference and counter transference with example.
11. Describe personal qualities of an effective counsellor.
12. How is transaction analysis used in counselling?
13. Explain therapist behavior of cognitive behavior therapy.
14. How would you apply code of ethics and ethical standards in the context of divorce?

(4 × 3 = 12 weightage)

Part C: Answer any *two* questions. Each carries 5 weightage.

15. Discuss the issues addressed in counselling in school and the process of behavioural therapeutic techniques used in school counselling.
16. Explain problems faced by elderly in Kerala context and the role of a counsellor.
17. Give details of skills and techniques of counselling.
18. Explain the stages of counselling and skills required in each stage.

(2 × 5 = 10 weightage)