

SECOND SEMESTER M.S.W. DEGREE EXAMINATION, APRIL 2024
(Regular/Improvement/Supplementary)

SOCIAL WORK
FSOW2C10: THEORY AND PRACTICE OF COUNSELLING

Time: 3 Hours

Maximum Weightage: 30

Part A: Answer any *four* questions. Each carries 2 weightage.

1. What is Psychotherapy?
2. Comment on evaluation stage of counselling.
3. Explain briefly the significance of empathy in counselling using an example.
4. Write a brief note on gestalt therapy.
5. Highlight the need active listening.
6. Write a note on cognitive behavior therapy.
7. How do you maintain a healthy client therapist relationship?

(4 × 2 = 8 weightage)

Part B: Answer any *four* questions. Each carries 3 weightage.

8. Discuss the scope of counselling in the present Kerala society.
9. Write a note on group counselling with example.
10. Explain counselling principles.
11. Discuss physical attending skills in counselling.
12. Elaborate on solution focused brief therapy.
13. Describe the importance of pre-marital counselling in the present society.
14. How would you apply code of ethics and ethical standards in the context of divorce?

(4 × 3 = 12 weightage)

Part C: Answer any *two* questions. Each carries 5 weightage.

15. Discuss the different stages of counselling by taking a situation as example.
16. Explain problems faced by elderly in Kerala context and the role of counsellor.
17. 'Eclectic approach in counselling is applicable for dealing with all types of clients'. Justify this statement.
18. Explain different techniques used in counselling and the skills required for the same.

(2 × 5 = 10 weightage)