

**SECOND SEMESTER M.S.W. DEGREE EXAMINATION, APRIL 2023****(Regular/Improvement/Supplementary)****SOCIAL WORK****FSOW2C10: THEORY AND PRACTICE OF COUNSELLING****Time: 3 Hours****Maximum Weightage: 30****Part A: Answer any *four* questions. Each carries 2 weightage.***Write short notes on:*

1. Counselling.
2. Guidance.
3. Paraphrasing.
4. Empathy.
5. Open ended questions.
6. Ego states.
7. Stages of grief.

**(4 × 2 = 8 weightage)****Part B: Answer any *four* questions. Each carries 3 weightage.**

8. Crisis counselling skills are important for social workers. Comment.
9. Delineate the stages of substance abuse counselling.
10. Explain behaviour therapy.
11. Body language speaks much louder and farther than spoken words. Comment.
12. Discuss the importance of empathy in counselling using an example.
13. Differentiate between individual and group counselling.
14. Personalizing stage of counselling is crucial for the success of counselling. Comment.

**(4 × 3 = 12 weightage)****Part C: Answer any *two* questions. Each carries 5 weightage.**

15. Discuss counselling as a technique used in social case work.
16. Listening requires demonstration of multiple skills. Explain.
17. Elaborate the philosophy, process and techniques of CBT.
18. Discuss the process of counselling using an example.

**(2 × 5 = 10 weightage)**