

SECOND SEMESTER M.Sc. DEGREE EXAMINATION, APRIL 2022
(Regular/Improvement/Supplementary)

PSYCHOLOGY
FPSY2C06-COUNSELLING PSYCHOLOGY

Time: 3 Hours

Maximum Weightage: 30

Part A: Answer any *four* questions. Each carries 2 weightage.

1. Define Psychotherapy.
2. What is EEG?
3. Briefly explain counseling in Education setting.
4. What is Existential Therapy?
5. Briefly explain the goals of counseling.
6. Give a short note on Jacobson's Progressive Muscular Relaxation (JPMR).
7. Elaborate on Empty Chair.

(4 × 2 = 8 weightage)

Part B: Answer any *four* questions. Each carries 3 weightage.

8. Briefly explain Problem solving strategies in counseling.
9. Explain principles of Group Counseling.
10. Critically analyze counseling in Family setting and Community setting.
11. Explain self - disclosure and Interpretation in counseling.
12. Discuss the role of Transcendental Meditation(TM) in counseling.
13. How to approach Abuse as a special problem in counseling?
14. Analyze the developmental foundation of counseling.

(4 × 3 = 12 weightage)

Part C: Answer any *two* questions. Each carries 5 weightage.

15. Distinguish between Transactional Analysis and Trait- factor counseling.
16. Explain professional issues in counseling.
17. How to approach Woman as a special population in a counseling setup?
18. Explain counseling skills in detail.

(2 × 5 = 10 weightage)