

SECOND SEMESTER M.Sc. DEGREE EXAMINATION, APRIL 2021
PSYCHOLOGY
FPSY2C06-COUNSELLING PSYCHOLOGY

Time: 3 Hours

Maximum Weightage: 30

Part A: All questions can be answered. Each carries *two* weightage (Ceiling 6 weightage).

Write short notes on:

1. Group Counselling
2. Advanced Empathy
3. Biofeedback Relaxation
4. Counselling in Hospital setting
5. Counselling
6. Theme Identification
7. Reality Therapy

Part B: All questions can be answered. Each carries *four* weightage (Ceiling 12 weightage).

8. Explain Rational Emotive Therapy.
9. Critically analyze counseling in Educational setting and Vocational setting.
10. Explain handling Human Sexuality as a special problem in counselling.
11. Distinguish between Counselling and Psychotherapy.
12. Explain Guided Somato-psyhic Relaxation (GSPR).
13. How to approach Aged people as a special population in a counseling setup?
14. Explain Philosophical foundation of counselling.

Part C: All questions can be answered. Each carries *six* weightage (Ceiling 12 weightage).

15. Explain Behavioral Approaches to counselling.
16. How does a counselor work with clients in crisis?
17. Explain the role of Yoga relaxation in counselling.
18. Critically analyse Client Centered Therapy in counselling.