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Name.....

Reg.No.....

SECOND SEMESTER M.S.W. DEGREE EXAMINATION, APRIL 2021
SOCIAL WORK
FSOW2C10: THEORY AND PRACTICE OF COUNSELLING

Time: 3 Hours

Maximum Weightage: 30

Part A: All questions can be answered. Each carries *two* weightage (Ceiling 6 weightage).

Write short notes on:

1. Individual counselling
2. Rapport in counselling
3. Psycho-sexual stages
4. 'Here and now' approach
5. The various Stages of Grief
6. Silence in Counselling
7. The characteristics of Therapeutic Relationship

Part B: All questions can be answered. Each carries *four* weightage (Ceiling 12 weightage).

8. Explain various stages of Counselling.
9. List out the skills required for a counsellor.
10. Write a note on goal setting in counselling.
11. Elaborate on non-verbal cues in counselling.
12. Write an account on the Ethical aspects of counselling.
13. Counsellors require continuous professional development programme. Explain.
14. What are the characteristics of Solution focused approach?

Part C: All questions can be answered. Each carries *six* weightage (Ceiling 12 weightage).

15. Discuss the scope of counselling for adolescents. Explain the various techniques that could be applied for counseling.
16. Write a note on 'strengths based approach' in counselling. Explain its application when working with young adults.
17. Explain the various attitudes and skills required for a counsellor during each stage of counselling process.
18. One of the high school students seems to be depressed due to the recent death of her mother and referred to you for counselling. Using an appropriate theory and approaches, discuss how you would help her.