D1APS2503 **(1 Page)** **Name.....**

Reg. No.....

FIRST SEMESTER M.Sc. DEGREE EXAMINATION, NOVEMBER 2025

(Regular/Improvement/Supplementary)

PSYCHOLOGY

FPSY1C03 - PERSONALITY AND PERSONAL GROWTH

Time: 3 Hours **Maximum Weightage: 30**

Part A: Answer any *four* questions. Each carries *two* weightage.

Write short notes on:

1. Moving towards people.
2. Dynamism.
3. History of Personality assessment.
4. Dispositional learning.
5. Yoga Psychology.
6. Logotherapy.
7. Congruence.

(4 × 2 = 8 weightage)

Part B: Answer any *four* questions. Each carry *three* weightage.

8. What are the five personality types Eric Fromm mentioned in his theory?
9. Why did Skinner believe that secondary reinforcers exert greater control over human behavior compared to primary reinforcers?
10. Analyze how type approaches may overlook the continuum of personality traits and individual differences.
11. Compare and contrast between the principle of entropy and the principle of equivalence.
12. Analyze the main criticisms of Eysenck's personality theory.
13. Discuss the key corollaries of Kelly's Personal Construct Theory, and how do these corollaries enhance our understanding of how people create meaning in their lives and navigate their environments?
14. Discuss various psychological techniques used to alter consciousness.

(4 × 3 = 12 weightage)

Part C: Answer any *two* questions. Each carries *five* weightage.

15. Discuss the various research methods used in personality psychology. How do these methods contribute to our understanding of personality, and what are their respective strengths and limitations?
16. Elaborate on the significance of successfully going through different psycho sexual stages according to Freud. Discuss how different personality dimensions are being acquired through different development stages.
17. Examine the key steps involved in conducting personality assessments. What considerations should be made in terms of test selection, administration, and ethical considerations?
18. Explain the foundational principles of Transpersonal Psychology. How does this approach differ from traditional psychological theories, particularly in its emphasis on spirituality, consciousness, and self-transcendence?

(2 × 5 = 10 weightage)