

**FIRST SEMESTER M.Sc. DEGREE EXAMINATION, NOVEMBER 2021
(Regular/Improvement/Supplementary)**

**PSYCHOLOGY
FPSY1C03 - PERSONALITY AND PERSONAL GROWTH**

Time: 3 Hours

Maximum Weightage: 30

Part A: Answer any *four* questions. Each carries *two* weightage.

Write short notes on:

1. Projective technique
2. Psychogenic needs
3. Stimulus generalization
4. Altered state of consciousness
5. Holism
6. Central traits
7. Personality

(4 × 2 = 8 weightage)

Part B: Short essay questions. Answer any *four* questions. Each carries *three* weightage.

8. Give a brief outline about the person centered theory of personality.
9. Describe the principles of eco-psychology.
10. Give an outline about the trait theories of personality.
11. Explain the personality assessment process.
12. Describe the relationship between humanistic and transpersonal psychology.
13. Elucidate the ten neurotic needs of the individual according to Karen Horney's theory of personality.
14. Explain the Maslow's humanistic perspective of personality.

(4 × 3 = 12 weightage)

Part C: Long essay questions. Answer any *two* questions. Each carries *five* weightage.

15. Discuss the psychodynamic theories of personality.
16. Elaborate the projective techniques of personality assessment.
17. Discuss about the transpersonal approach to counselling and psychotherapy.
18. Describe Adler's theory. What are the dynamic features of Adler's theory of personality?

(2 × 5 = 10 weightage)